



# Privacy Policy

## Lighthouse Coaching

### Effective Date: May 1, 2026

At Lighthouse Coaching, your privacy is important to us. This Privacy Policy explains how we collect, use, and protect the information you share when visiting this website or engaging in coaching services with Lighthouse Coaching. By using this website, you agree to the terms outlined in this policy.

#### Information We Collect:

Lighthouse Coaching may collect personal information that you voluntarily provide, including: Name, Email address, Phone number, Information submitted through contact forms, and Information shared during coaching sessions or consultations

We may also collect limited non-personal information automatically through website analytics tools, such as browser type, device information, and pages visited.

#### How Your Information Is Used:

Information collected may be used to: Respond to inquiries and schedule services, Provide coaching and mentorship services, Communicate regarding appointments or updates, Improve website functionality and user experience.

#### Maintain business records and internal documentation:

Your information will never be sold, rented, or shared with third parties for marketing purposes.

#### Confidentiality & Coaching Services:

Lighthouse Coaching values client privacy and treats all personal information shared during coaching sessions with respect and discretion. However, coaching services are not the same as licensed counseling, therapy, medical treatment, or legal advice. While reasonable efforts are made to maintain confidentiality, Lighthouse Coaching cannot guarantee absolute confidentiality through electronic communications, including email, text messaging, phone calls, or video conferencing platforms such as Zoom.

Clients are encouraged to use discretion when sharing sensitive personal information electronically.

#### Third-Party Services:

This website may use third-party platforms or services, including but not limited to: Zoom, Website hosting providers, scheduling software, Email marketing platforms, and Payment processors. These third-party providers maintain their own privacy policies and security practices. Lighthouse Coaching is not responsible for the privacy practices of external services or websites.

#### Cookies & Analytics:

This website may use cookies or analytics tools to improve website performance and understand visitor behavior. Users may choose to disable cookies through their browser settings.

#### Data Security:

Reasonable measures are taken to protect personal information from unauthorized access, misuse, or disclosure. However, no method of internet transmission or electronic storage can be guaranteed to be completely secure.

#### Your Rights:

You may request to: Access your personal information, Update or correct your information, Request deletion of your information from our records. To make a request, please contact Lighthouse Coaching directly through the contact information provided on this website.

#### Changes to This Policy:

Lighthouse Coaching reserves the right to update or modify this Privacy Policy at any time. Changes will be posted on this page with an updated effective date.

#### Contact:

If you have questions regarding this Privacy Policy, please contact:

Lighthouse Coaching

[lighthousegriefcoach@yahoo.com](mailto:lighthousegriefcoach@yahoo.com)

404-223-0188

[www.lighthousegriefcoaching.com](http://www.lighthousegriefcoaching.com)